



KOÇ
ÜNİVERSİTESİ
OFFICE OF LEARNING AND TEACHING

Academic Skills Workshops

Spring 2024

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Academic Skills Workshops

1) Academic Motivation

 **Target Audience:** Undergraduate and Graduate Students

 **Duration :** 1 Hour

 **Modality:** Online

This interactive is designed to equip students with robust strategies for enhancing academic motivation. It offers several methods that can be tailored to sustain and amplify learning enthusiasm throughout the semester for continuous academic success and personal growth.

Dates:

28.02.2024.....10:00-11:00

28.02.2024.....14:00-15:00

29.02.2024.....14:00-15:00

20.03.2024.....10:00-11:00

21.03.2024.....14:00-15:00

2) Artificial Intelligence (AI) Tools

 **Target Audience:** Undergraduate and Graduate Students

 **Duration :** 1 Hour

 **Modality:** Online

This workshop is designed for university students to navigate the world of generative AI tools. You will discover ethical and efficient ways to use AI to enhance your learning journey.

Dates:

16.02.2024.....14:00-15:00 (Schedule is tentative.)

! For **registration** of **all workshops**, please click on the following link: <https://forms.gle/EvfMg6boa11z1MUF6>

3) Digital Reading

  **Target Audience:** First-Year Students

 **Duration :** 1 Hour

 **Modality:** Online



This workshop is an interactive experience designed for first-year students. The workshop aims to address the specific challenges encountered in digital reading. Participants will explore effective strategies and technological tools to overcome these hurdles, enhancing comprehension and retention.

Dates:

14.02.2024.....10:00-11:00

15.02.2024.....14:00-15:00

4) Study Habits

  **Target Audience:** Undergraduate Students and Graduate Students

 **Duration :** 45 minutes

 **Modality:** Online

In this workshop, we challenge conventional approaches to learning that was found ineffective by research. This interactive workshop introduces scientifically-backed study habits, transcending academic disciplines. Learn to study smarter, not harder, by understanding the theory behind effective learning and practicing skills for enhanced study efficiency.

Dates:

07.02.2024.....14:00-15:00

08.02.2024....10:00-11:00

21.02.2024.....14:00-15:00

22.02.2024.....10:00-11:00

5) Time Management for Academic Life

 **Target Audience:** All undergraduates, especially first-year students

 **Duration :** 1 Hour

 **Modality:** Online

This hands-on workshop is crafted for students grappling with the fast-paced university life. Aimed at simplifying academic time management, we delve into the scientific underpinnings of common time management challenge. Through practical, solution-oriented strategies, empowering you to efficiently allocate time for academic responsibilities and opportunities to have a more balanced and productive academic experience.

Dates:

07.02.2024..... 10:00-11:00

08.02.2024.... 14:00-15:00

15.02.2024..... 10:00-11:00

15.02.2024..... 15:00-16:00

15.05.2024..... 10:00-11:00

16.05.2024..... 14:00-15:00

6) How to Read Academic Texts

 **Target Audience:** Incoming first-year students

 **Duration :** 50 minutes

 **Modality:** Online

This workshop provides strategies for efficiently navigating through extensive academic material in a short period. We offer five practical tips in a dynamic, 50-minute session to help you tackle reading challenges effectively.


Dates:

21.02.2024..... 10:00-11:00

22.02.2024.... 14:00-15:00

! For **registration** of **all workshops**, please click on the following link: <https://forms.gle/EvfMg6boa11z1MUF6>

7) How to Study for STEM Exams & Quizzes

 **Target Audience:** Undergraduate STEM majors and students in STEM common core courses

 **Duration :** 1 Hour

 **Modality:** Face-to-Face

Science, Technology, Engineering and Mathematics courses can be challenging courses that require regular and systematic study. To study for these courses, there are preparation steps you need to take to support your studies before the exam. These are activities such as scheduling time, summarizing the key concepts, and practicing the problems in spaced, or retrieval way. In addition, since STEM course exams consist of problem-based questions, it is necessary to understand the problem-solving approaches. This workshop offers practical suggestions on both the exam preparation stage such as organizing your study time, or practicing the problems, and how we should approach the problem-based questions

 **Dates:**

23.02.2024.....12:00-13:00 (Schedule is tentative.)

05.04.2024.....15:00-16:00 (Schedule is tentative.)

8) How to Deal with Procrastination

 **Target Audience:** All undergraduates, especially first-year students

 **Duration :** 1 Hour

 **Modality:** Online

If your approach to academic tasks is “Due Tomorrow, Do Tomorrow” with a feeling of exhaustion, then you may be interested in KOLT’s “How to Deal with Procrastination” workshop. In this workshop, you will not only be able to identify the reasons of why you act as a procrastinator but also, KOLT will offer you certain tips and frameworks to deal with procrastination.

 **Dates:**

20.03.2024.....14:00-15:00

21.03.2024.....10:00-11:00

15.05.2024.....14:00-15:00

16.05.2024....10:00-11:00

9) Prompt Engineering Essentials for Students

 **Target Audience:** Undergraduate Students

 **Duration :** 1 Hour

 **Modality:** Online

Students will explore the fundamentals of prompt engineering in this workshop. They will practice to craft concise, effective prompts to enhance their use of AI tools in research, study, and creative endeavors.

 **Dates:**

01.03.2024.....12:00-13:00 (Schedule is tentative.)

! For **registration** of **all workshops**, please click on the following link: <https://forms.gle/EvfMg6boa11z1MUF6>